
Girls Only Toolkit



Girl Talk Topics



Girls Only

Building self-esteem and empowering girls to make healthy choices

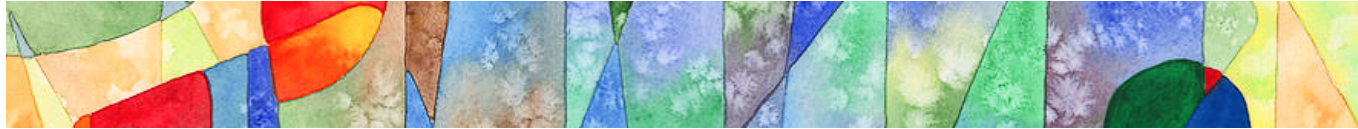
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As well as using transitional games, Girl Talk topics can also be used as a fun way for the girls to interact and get to know each other in between topics or activities. It is often as fun as playing a game for the girls to openly talk about themselves or their experiences. Some of these topics are as follows:



Girl Talk! Questions

What are your favourites? (Ex. Colour, Food, Music)

Name a place you would love to travel to?

What are qualities that you want to have in a relationship/friendship?

What's the scariest thing that has ever happened to you?

What's the most embarrassing thing that's ever happened to you?

As a younger kid, what was your biggest fear that you no

If you have a million dollars to spend in a year, how would you spend it?

What celebrity could you see yourself being friends with?

What happened on the best day of your life?

If you could invent anything, what would you invent?

If you could have any super power, what would it be?

What's the scariest/funniest movie that you've ever seen?

What is the most important thing that you have ever done or participated in?

What super hero do you think is the best and why?

If you could travel in time and meet anyone, who would it be?

If you could travel in time, what year would you visit?

What do you like most about being a girl?

What place do you fall in your sibling's birth order, what are the advantages and disadvantages of being the only, oldest, youngest, or the middle child?

If you could plan the perfect date for your best friend or boyfriend where would you go?

Which of the world's mysteries are most interesting to you?

Why do you think people use drugs and alcohol?

What are three ways that you could make the world a better place?

What is the biggest obstacle you have overcome so far?



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