

# My Teaching Voice Board Game

## 30 questions to explore with your colleagues

1. Has your voice let you down during school hours?
2. How healthy are your voice habits during the school day?
3. Does your voice enhance pupil's attention and engagement?
4. How well do you balance volume, tone and pitch within your teaching voice?
5. Do you effectively use non-verbal communication in the classroom?
6. Have you an exercise program to conserve and develop your teaching voice?
7. Are you aware that students experience our emotions when listening to us?
8. Do you consciously use your voice to set mode and tone in your classroom?
9. When you speak loudly you are telling your students what you think.
10. When you speak quietly you are sharing what you think?
11. Do you use a soft voice to gain closer attention from your students?
12. Use relaxation, calm breathing and awareness to control the pitch of your voice.
13. Do you use fast speech to generate excitement amongst students?
14. Speaking slowly can suggest that what you have to say is important.
15. Control what students remember by controlling your vocal emphasis.
16. Do you use silence to control your relationship with students?
17. Untrained speakers tend to speak from the throat.
18. Use your diaphragm to control your breathing while speaking.
19. Drinking lemon tea with honey can help with a sore throat.
20. Keeping yourself hydrated with water is essential during a long teaching day.
21. Students look for consistent messages from their teachers.
22. Is your body reinforcing what you are saying in the classroom?
23. Stand up straight when talking – it sends a stronger message and is healthier for you.
24. Walk around the classroom as you speak to the class.
25. Do you use a smile to convey happiness and encouragement?
26. Making eye contact will develop rapport and trust with your students.
27. Use facial expressions to reinforce your communication.
28. Don't be afraid of silence in your classroom.
29. Use good posture to support a good teaching voice.
30. Do you warm up your voice at the start of the day?



# Funderstanding