

Resilient Teams Board Game

30 questions to explore with your colleagues

1. What went well for you during last term?
2. What new skills did you acquire last term?
3. Who do you admire professionally at your school?
4. Do you feel self-confident? Do you appreciate yourself?
5. Are you a good listener with empathy skills thrown in?
6. Have you been made stronger by difficult circumstances?
7. What obstacles do you encounter in your professional life?
8. What are some positive emotions that you feel frequently?
9. Do you have a strong belief in your abilities?
10. How do you seek happiness in your life?
11. Learn something new about a colleague.
12. Give an example of how you treat people with respect.
13. How do you go about calming upset parents or fellow adults in school?
14. What could you do to improve communication with others?
15. What are your dominant character strengths?
16. What is your experience of being appreciated at school?
17. Who supports you?
18. What coping strategies do you use to overcome the tough days at school?
19. Do you have a best friend at school?
20. Get up and say thank you to someone in the room.
21. What are your favourite ways to look after your health and wellbeing?
22. How have you dealt with an adverse situation in a positive way?
23. What's great about your school?
24. How does your school celebrate?
25. How would you change how people experience your school?
26. What makes you happy at work?
27. How important is getting along well with your colleagues?
28. Do you experience a respectful climate at school?
29. How do try to achieve work life balance?
30. How can school staff better support each other?



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