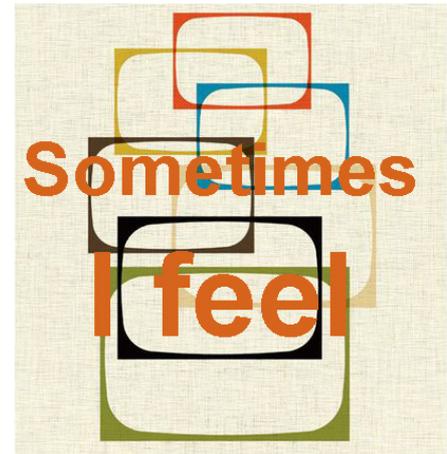


Sometimes I Feel Board Game

30 questions to explore with your colleagues

1. Do you ever feel discouraged about your career as a teacher?
2. Think of a time when you were helpful and agreeable to your peers?
3. Would you describe yourself as amicable?
4. How have you demonstrated bravery in your life?
5. Have you recently felt like crying over a school-related incident?
6. What excites you about teaching?
7. Who empowers you within your school environment?
8. Think of a school incident that frustrated you.
9. When are you most happy to be at school?
10. Who or what inspires you as a teacher?
11. Do you feel that the school offers you support when you are down?
12. What are you doing when you feel most powerful?
13. When are you aware of being proud of your achievements?
14. What aspects of school life do you resist?
15. How can you create a safe environment for yourself at school?
16. Have you had to overcome shyness to be a better teacher?
17. How do you relieve the stress that builds up in your life?
18. What is so important that you are stubborn about it?
19. What things delight you that are unexpected?
20. Does your teaching career fulfil your expectations?
21. Are there times when you feel vulnerable?
22. What concerns or worries do you have during school times?
23. Is there anything within your school community that makes you angry?
24. When are you most confident about your role in your school?
25. How do you demonstrate creativity within your work?
26. How often do you express gratitude for your life?
27. Have been trapped by choices you have made at school?
28. Have you experienced a sense of sadness over a school incident?
29. What brings joy into your school life?
30. Are you good at reading the emotional state of your colleagues?



Funderstanding